

SMILES FOR KIDS DAY 2010

INSIDE THIS ISSUE:

<i>Smiles For Kids Day</i>	1
<i>Hygiene—Lacee</i>	1
<i>Whitewater Rafting</i>	2
<i>Spotlight—Sarah</i>	2
<i>Kids “Happy Tooth” Visit</i>	2
<i>Redheads</i>	2

Earlier this year our office took part in Smiles For Kids (SFK) Day. The SFK program was adopted in 1991 by the Sacramento District Dental Society to provide dental services to our community’s economically disadvantaged children in the Sacramento area. Our last newsletter highlighted the dental screening of kids that takes place in the fall (in fact, we are currently in the midst of screening again at elementary schools here in Lincoln). Once we establish that a child is in need of dental treatment then they are either referred back to their dentists if they have the means for dental care or we provide treatment at no cost for those children whose parents cannot afford treatment. Over the years the program has provided over \$8 million in services to over 11,000 kids! We opened our office on a Saturday and our dental team was able to treat around 10 kids. A couple of kids



needed more care and they were seen over the next month. Many dentists across the region participate in this program and it is always a rewarding experience. Many thanks to the dental society, our school district nurses, the Kiwanis Club, and all the volunteers for making this program a success!



NEW IN HYGIENE!

**Lacee Hudson** Registered Dental Hygienist

Earlier this year when our hygienist, Valerie, went on maternity leave we had a few hygienists covering for her during her absence. One of those was Lacee. We all thought she was so great that when Valerie came back, we were able to find a place for her as well and Lacee has been working in our office ever since. Besides being an excellent hygienist, who prides herself in doing the best for her patients, she is a warm and fun-loving person who we all are glad to have around. Lacee is a registered dental hygienist who com-

peted her hygiene program at Sacramento City College in 2007 and holds multiple certificates in advanced hygiene techniques. Prior to being a hygienist, she worked as a dental assistant, her uncle and brother are both dentists, and her mother is also a hygienist. For Lacee, dentistry is really a family affair! Lacee grew up in Fairfield before her family moved up to the Sierra foothill town of Grass Valley when she was a teenager. She now lives in Lincoln with her husband and 2 year old daughter. She will be having a brief break from our office early in 2011, though, since she is expecting her second child at the beginning of March. Congratulations, Lacee!



## Denzler Family Dentistry

588 First St.  
Lincoln, CA 95648  
916-645-2131

Fax: 916-645-2178  
Email:  
contact@MyLincolnDentist.com

We're on the web!  
[www.MyLincolnDentist.com](http://www.MyLincolnDentist.com)

*General and Esthetic Dentistry*

### ATTENTION PARENTS Getting kids on the right track early!

Our office is offering free "Happy Teeth" Visits to our patients between the ages of 1-5. These visits are designed to introduce these youngsters to the dental setting in a positive way and educate the parents in how to prevent dental problems. It's never too early to start good habits. Tell a friend.



## TAKING ON THE RAPIDS!

This summer our dental team headed out on a Saturday to charge down the rapids on the American River. Leaving from Coloma, the South Fork winds through the foothills and offers some exciting rapids to keep things fun.

With Dr. Denzler as the guide, our dental team was just a bit on the nervous side, but the trip went by without a hitch. We all



got wet, but no one fell in!

### OUR TEAM— SPOTLIGHT

#### Sarah Bernard

Registered Dental Assistant



As part of our dental team since shortly after our office opened, Sarah has been a fixture at both the front desk and chairside for almost 3 years. Sarah started working in our office when she was still applying to her dental assisting program. She completed her internship program at our office and moved right into

her RDA position after completing her program.

Sarah was born in New Jersey, where she still visits family, and spent many childhood years in Michigan. Her family moved west to California when she was in eighth grade and have settled down in Rocklin.

Sarah values education and continues to take courses at Sacramento State, while balancing work and caring for her 4 year old, Shaynna. Obviously, Sarah has lots of energy and motivation.



Our office is collecting for TOYS FOR TOTS again this year. If you would like to make a donation of a toy to a needy child in our community, please come by and drop a toy into our box starting in early November.

## Redheads Not just wimps!

A recent study by anesthesiologist Daniel Sessler, MD looked at the urban legend that red-heads feel more pain than others. He found that red-heads are significantly more resistant to the effects of local anesthesia and require an average of 20% more anesthesia than blonds or brunettes! One effect was that red-heads weren't getting numbed properly and had more dental anxiety and skipped more dental appointments. We'll keep a special eye on you red-heads from now on.



## Our Request to Our Patients

We are an office that welcomes new patients. If you have been satisfied with your care at Denzler Family Dentistry, please tell your family and friends. Word of mouth is our most valued source of new patients. Thank you!